

Session Five: May 19 - July 20

Youth Orange Beginner (6 – 8 years old)

Designed for those new to tennis.

When

Tuesdays: 4:30 – 5:30 pm

Cost \$180 for Members and \$216 for Non-Members

Youth Orange Advanced (7 - 9 years old)

For youth that have progressed through Red Beginner or Orange Beginner and will be playing in Orange tournaments.

When

Tuesdays: 5:30 - 6:30 pm

Cost \$180 for Members and \$216 for Non-Members

Youth Green Beginner (9 – 11 years old)

Designed for those new to tennis.

When Tuesdays: 6:30 - 7:30 pm

Cost \$180 for Members and \$216 for Non-Members

Green Advanced (up to 11 years old)

For youth that have progressed through Orange Advanced or Green Beginner and will be playing in Green tournaments.

When Mondays: 5:30 – 7:00 pm Wednesdays: 5:30 – 7:00 pm

Cost \$270 for Members and \$324 for Non-Members

Costs are per day, per session.

If you are unsure what level to sign up for, contact Kathleen Pudlo for an evaluation at kpudlo@nmhfc.com or 847.802.7014.





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Middle / HS Intro to Tennis (12 – 18 years old)

Designed for those new to tennis.

When Thursdays: 6 –7 pm

Cost

\$180 for Members and \$216 for Non-Members

Middle / HS Intermediate Tennis (12 – 18 years

old)

For youth with some previous experience or players who progressed through our intro to Tennis class.

When Thursdays: 7 – 8 pm

Cost \$180 for Members and \$216 for Non-Members

Bronze JDP

For youth that have progressed through our Green Advanced JDP or MS/High School Intermediate class.

When Thursdays: 4:30 – 6:00 pm

Cost \$270 for Members and \$324 for Non-Members

Silver JDP

For youth that have progressed through Bronze or Middle/High School Intermediate Tennis or will be playing JV in high school.

When

Mondays: 5:30 – 7:00 pm Wednesdays: 5:30 – 7:00 pm

Cost

\$270 for Members and \$324 for Non-Members

Gold JDP

For youth that have progressed through Silver, and are playing tournaments or on their high school varsity team.

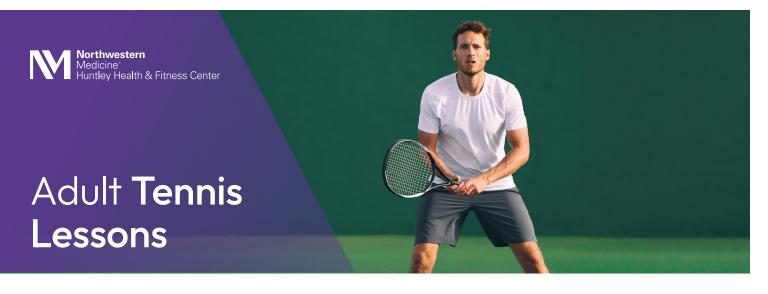
When

Mondays: 4:00 – 5:30 pm Wednesdays: 4:00 – 5:30 pm

Cost

\$270 for Members and \$324 for Non-Members





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Advanced Beginner Class

Designed for those that have developed some consistency in their game.

When Thursdays: 5:30 – 7:00 pm

Cost \$270 for Members and \$324 for Non-Members

Intermediate Strategy Class

For adults that have a substantial amount of playing experience. USTA rating: 3.0 – 3.5.

When Tuesdays: 7:00 - 8:30 pm Saturdays: 9:30 - 11:00 am

Cost \$270 for Members and \$324 for Non-Members

Advanced Intermediate Class

For adults that have competitive match experience. USTA rating: 3.5.

When Wednesdays: 8:00 – 9:30 pm

Cost \$270 for Members and \$324 for Non-Members

Stroke of the Week

Each week of this class will specialize in a different tennis skill.

When Thursdays: 7:00 – 8:30 pm

Cost \$270 for Classic Members and \$324 for Non-Members

Cardio Tennis (12+ years old)

For class features drills and games—for a high-level workout. All levels welcome to attend.

When

Mondays: 7 – 8 pm Wednesdays: 7 – 8 pm and 8 – 9 pm Fridays: 9:30 – 10:30 am Saturdays: 11 am – Noon

Cost

Cost per Class: \$15 for Members and \$18 for Non-Members

*First two classes per month are complimentary for Tennis Members.

Cardio Tennis Plus (12+ years old)

This 90-minute class features drills and games –for a high-level workout. All levels welcome to attend.

When

Tuesdays: 9:30 - 11:00 am Thursdays: 9:30 - 11:00 am

Cost

Cost per Class: \$18 for Members and \$22 for Non-Members

Senior Cardio Tennis

For class, for seniors, features drills and games. All levels welcome to attend.

When

Tuesdays: 8:30 – 9:30 am Fridays: 8:30 – 9:30 am

Cost

Cost per Class: \$15 for Members and \$18 for Non-Members

*First two classes per month are complimentary for Tennis Members.

Costs are per day, per session.

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