

# General Pool Rules

1. Please shower thoroughly before entering the pool.
2. Towels are not provided—please bring your own.
3. Admission to the pool may be refused to any persons having any contagious disease, infectious conditions such as colds, fevers, ringworm, foot infections, skin lesions, boils, diarrhea, inflamed eyes, ear discharges or any other condition which has the appearance of being infectious. Any questions or concerns please see the Manager on Duty or Head Lifeguard.
4. All infants are required to wear approved swim diaper/swimwear. Swim diapers may be purchased at concessions. Please change infants in locker room.
5. Children under the age of 12 must be accompanied by a parent/guardian/responsible adult. Children unable to swim independently must be within arms reach of an adult at all times.
6. Diving is prohibited in all areas of the pool.
7. Glass containers and coolers are prohibited.
8. Running on the deck is prohibited.
9. Rafts, baby inner tubes of any kind are prohibited.
10. Pets are prohibited.
11. Horseplay is not permitted.
12. Members must be 48" high to ride the slide.
13. A person under the influence of alcohol/drugs or exhibiting erratic behavior shall not be permitted in the pool area.
14. Littering is prohibited.
15. No food, gum, or tobacco is allowed in the pool area. No outdoor food, gum, or tobacco is allowed in the facility or outdoor pool area.
16. Spitting, spouting water, blowing the nose or any type of bodily waste discharge into the pool is prohibited.
17. Attire must be appropriate for our family facility.
18. Hours and use of the outdoor pool are subject to change due to weather, safety, maintenance or NMHFC sponsored activities.

Open daily

**Family swim**

Noon–6 pm

**Adult swim (18 years and older)**

6 am–Noon, Monday–Friday

7 am–Noon, Saturday and Sunday

Holiday hours may vary. Hours subject to change without notice.