

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		5:00 am-10:00 am Open Gym	5:00 am-Noon Open Gym	5:00 am-10:00 am Open Gym	5:00 am-Noon Open Gym	6:00 am-9:00 am Open Gym
6:00 am-Noon Open Gym	5:00 am-Noon Open Gym	10:00 am-Noon Pickleball (by reservation)		10:00 am-Noon Pickleball (by reservation)		9:00 am-Noon Open Pickleball
Noon-2:00 pm Pickleball (by reservation)	Noon-2:00 pm Pickleball (by reservation)	Noon-3:00 pm Open Gym	Noon-2:00 pm Pickleball (by reservation)	Noon-3:00 pm Open Gym	Noon-2:00 pm Pickleball (by reservation)	Noon-7:00 pm Open Gym
2:00 pm-4:00 pm Open Basketball (all ages)	2:00 pm-3:00 pm Open Gym		2:00 pm-3:00 pm Open Gym		2:00 pm-4:00 pm Open Gym	
	3:00 pm-5:00 pm Open Basketball (12-15)	3:00 pm-5:00 pm Open Basketball (all ages)	3:00 pm-5:00 pm Open Basketball (all ages)	3:00 pm-5:00 pm Open Basketball (all ages)	4:00 pm-6:00 pm Open Basketball (12-15)	
4:00 pm-7:00 pm Open Gym	5:00 pm-8:00 pm Open Pickleball	5:00 pm-8:00 pm Open Basketball (16+)	5:00 pm-8:00 pm Open Pickleball	5:00 pm-8:00 pm Open Basketball (16+)	6:00 pm-8:00 pm Open Basketball (all ages)	
	8:00 pm-10:00 pm Open Gym	8:00 pm-10:00 pm Open Gym	8:00 pm-10:00 pm Open Gym	8:00 pm-10:00 pm Reserved Event	8:00 pm-10:00 pm Open Gym	

ALL GYM ACTIVITY MUST BE FINISHED BEFORE 10 PM ON WEEKDAYS AND 7 PM ON WEEKENDS.



Search for 'NM Health & Fitness' on the Apple or Google Play store and download our app today.

PLEASE NOTE

Gym may be used for special events and activities without prior notice.

OPEN BASKETBALL RULES

All games will be played to 11 points. Games are won by 2 points with a 15 point cap. Teams may play up to 2 consecutive games, then must allow the next 2 teams to play. Majority rules on decision of full court or half court games. **SHIRTS MUST BE WORN AT ALL TIMES.**

OPEN GYM RULES

Gym is shared space: consideration for all members and guests is required. No activity can utilize more than half court unless everyone present is participating. Pickleball is not available during open gym times.

PICKLEBALL RULES

Games are played to 11 points. Games are won by 2 points with a 15 point cap. If more than 12 players are present, non-winning players must rotate out after 2 games maximum to let others play.

Management reserves the right to amend or modify programs/rules at any time without prior notice.

Any arguments, use of foul language or unsportsmanlike conduct will result in the loss of gym use for the remainder of that day and possible termination of membership.

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Rules and schedule are subject to change without notice