



Adult Tennis Lessons: Session Two

Session Dates: October 26 – December 20 (No class November 26)

Beginner Class

Designed for those new to tennis.

When

Mondays: 8:00 - 9:30 pm

Cost

\$192 for Premier Members, \$222 for Classic Members and \$258 for Non-Members

Advanced Beginner Class

Designed for those that have developed some consistency in their game.

When

Thursdays: 9:30 - 11:00 am

Cost

\$192 for Premier Members, \$222 for Classic Members and \$258 for Non-Members

Intermediate Class

For adults that have a substantial amount of playing experience. USTA rating: 3.0 - 3.5.

When

Saturdays: 10:30am - Noon

Cost

\$192 for Premier Members, \$222 for Classic Members and \$258 for Non-Members

Advanced Intermediate Class

For adults that have competitive match experience. USTA rating: 3.5.

When

Wednesdays: 8:00 - 9:30 pm

Cost

\$192 for Premier Members, \$222 for Classic Members and \$258 for Non-Members

Advanced Class

For adults that are high-level players and want a fast-paced class. USTA rating: 3.5+.

When

Tuesdays: 7:30 - 9:00 pm

Wednesdays: 11:00 - 12:30 pm

Cost

\$192 for Premier Members, \$222 for Classic Members and \$258 for Non-Members

Tennis in 4 Weeks

Designed for beginners, this four-week sessions is a condensed overview of playing tennis.

When

Tuesdays: 12:30 - 1:30 pm

(November 24 - December 15)

Cost

Cost per Four-Week Session: \$28 for Members and \$32 for Non-Members

Cardio Tennis (12+ years old)

For class features drills and games-for a high-level workout. All levels welcome to attend.

When

Mondays: 7:00 - 8:00 pm
Wednesdays: 7:00 - 8:00 pm
Fridays: 9:30 - 10:30 am
Saturdays: Noon - 1:00 pm

Cost

Cost per Class: \$9* for Premier Members, \$11 for Classic Members and \$16 for Non-Members

*First two classes per month are complimentary for Premier Members.

Senior Cardio Tennis

For class, for seniors, features drills and games. All levels welcome to attend.

When

Tuesdays: 8:30 - 9:30 am
Fridays: 8:30 - 9:30 am

Cost

Cost per Class: \$7* for Premier Members, \$9 for Classic Members and \$11 for Non-Members

*First two classes per month are complimentary for Premier Members.

Cardio Tennis Plus (12+ years old)

This 90-minute class features drills and games -for a high-level workout. All levels welcome to attend.

When

Tuesdays: 11:00 am - 12:30 pm
Thursdays: 11:00 am - 12:30 pm

Cost

Cost per Class: \$13 for Premier Members, \$16 for Classic Members and \$24 for Non-Members

If you are unsure what level to sign up for, contact Kathleen Pudlo for an evaluation at kpudlo@nmhfc.com or 847.802.7014.

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